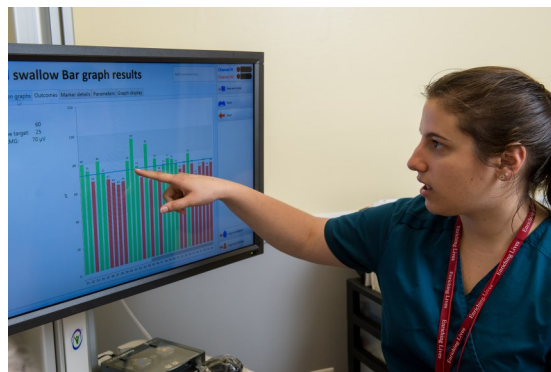




**FRESH RIVER
HEALTHCARE**



Outcome: Synchrony™ Program

Mr. M is an 80 year old male who was Independently living in community with his wife. He had a five week hospitalization due to diabetic ketoacidosis relate to immunosuppressive therapy for malignant melanoma with lymph node involvement.

While in the hospital patient underwent a Fiber-optic Endoscopic Evaluation of the Swallow (FEES) study due to swallowing deficits. Testing indicated the need for a Gastrostomy tube (G-tube) which he was admitted to skilled nursing facility with and was NPO.

PMH: metastatic melanoma of the skin, aspiration PNA, dysphagia, diabetic ketoacidosis without coma associated with other specified diabetes mellitus (autoimmune insulin Type 1 DM) fatigue, polydipsia, polyuria, decreased appetite, nausea, and vomiting, bipolar and AMS

Treatment: Mr. M participated at Fresh River Healthcare in PT, OT and SLP services including the SYNCHRONY™ Program for dysphagia. Speech therapy services provided 36 visits and discharged to home with visiting nursing/rehabilitation services.

<u>Functional Oral Intake Scale (FOIS)</u> <i>Swallow Capacity</i>	<u>Pre/Admission status</u>	<u>Post/Discharge</u>
Solid consistency	NPO (Level 1) G-tube bolus during day and continuous at night	NDD3—soft 3 meals a day (Level 6) (no g-tube calories) *discharge on NDD3 due residual weakness noted on MBS continue, patient to continue speech services in community
Liquids	NPO	Thin

*Results and experience vary by patient.

** Patient information appears with express written consent.

The ACP Synchrony Program helps patients suffering from dysphagia, or difficulty swallowing. It improves quality of life and outcomes while reducing the risk of aspiration , pneumonia and other complications.